

Locate this garden in a sunny area. A small tree will provide an early source of pollen. Select a mix of sun-loving forbs that will provide continuous blooms. (Pollinators need to eat every day!) Leave the plants up over the winter as many native pollinators will lay eggs in the plant stems.



About our Logo: The Black-eyed Susan (*Rudbeckia hirta*) is a host plant for the Silvery Checkerspot (*Chlosyne nycteis*) butterfly. The caterpillars eat the leaves of the Black-eyed Susan. The Carolina Chickadee (Poecile carolinensis) feeds the caterpillars to it's young. Adult birds will eat the butterflies, the caterpillars and the seeds of the Black-eyed Susan.

On the cover: Virginia Bluebells (Mertensia virginica) Photo by Kathy Fell

For more information, visit our web site at www.plantvirginianatives.org/about-2



Small Trees





Downy Serviceberry (Amelanchier arborea) Grows to 30 feet tall. Pink flowers bloom from March to May. Larval host for 100 species of caterpillars. Birds eat the berries.

Eastern Redbud (Cercis canadensis)

Grows to 30 feet tall. Pink flowers bloom

from March to May. Larval host for 25

species of caterpillars. Birds eat the

Tall Forbs

seeds.



Common Milkweed (Asclepias syrachia) Typically grows 3 to 5 ft tall. Clusters of fragrant flowers bloom from June to August. Larval host for 12 species of caterpillars including the Monarch. Deer resistant.

Photo by Kathy Fell



Boneset (Eupatorium perfoliatum) Typically grows 2 to 4 ft tall. Clusters of tiny white flowers bloom from August to October. Larval host for 33 species of caterpillars. Birds eat the seeds. Deer resistant.



Joe-pye Weed (*Eutrochium fistulosum*) Typically grows 5 to 7 ft tall. Clusters of dusky rose flowers bloom July to October. Larval host for 2 species of caterpillars. Bird seat the seeds. Deer resistant.

Tall Forbs



Narrow-leaved Mountain Mint

(*Pycnanthemum tenuifolium*) Typically grows 2 to 4 ft tall. Clusterf of flowers bloom from June to August. Larval host for 4 species of moth. Deer resistant.

Photo by Rochelle Bartolomei





Photo by Janice Walker



Photo by Kathy Fell



Blue-stemmed Goldenrod (Solidago caesia) Typically grows 1 to 5 ft tall. Yellow flowers bloom on arched stems from August to October. Larval host for 114 species of caterpillars. Moderately deer resistant.

Wingstem (Verbesina alternifolia) Grows 4 to 12 ft tall. Daisy-like flowers bloom from August to September. Larval host for 24 species of caterpillars. Birds eat the seeds, Deer resistant. Can spread aggressively.

New York Ironweed (Veronia noveboracensis) Grows 5 to 7 ft tall. Clusters of daisy-like flowers bloom fro July to September. Larval host for 24 species of caterpillars. Birds eat the seeds. Deer resistant.

Medium Forbs

Butterflyweed (*Asclepias tuberosa*) Grows 1-2.5 ft tall. Clusters of orange flowers bloom from May to August. Larval host for 12 species of caterpillars including the monarch. Deer resistant.

Medium Forbs

Blue Mistflower (Conoclimium

coelestinum) Typically 1.5 to 3 ft tall.

Clusters of blue flowers bloom from July

to October. Larval host for 4 species of



Photo by Gary Fleming



caterpillars. Birds eat the seeds. Deer resistant. Grass Leaf Blazing Star (Liatris pilosa) Typically grows 1 to 3 ft tall. Clusters of purple flowers bloom from August to November. Larval host for 4 species of caterpillars. Birds eat the seeds.

Photo by Kathy Fell

Other full sun perennials

- Common Yarrow (Achillea millefolium)
- White Snakeroot (Agerating altissima)
- Swamp Milkweed (Asclepias incarnata)
- Threadleaf Coreopsis (Coreopsis verticillata)
- Common Sneezeweed (*Helenium autumanale*)
- Ten-petaled Sunflower (Helianthus decapetalus)

Deer resistant.

- Wild Bergamot (Monarda fistulosa)
- Smooth Beardtongue (Penstemon laevigatus)
- Black-eyed Susan (Rudbeckia hirta)
- Tall Goldenrod (Solidago altissima)
- Late Goldenrod (Solidago gigantea)
- Sweet Goldenrod (Solidago odora)
- Late Purple Aster (Symphyotrichum patens)

Photo by Gary Fleming