Native Plants of Accomack and Northampton



Plant Accomack and Northampton Natives!



For the purposes of this guide, plants native to Accomack and Northampton counties on Virginia's Eastern Shore are and Northampton counties on Virginia's Eastern Shore are those that have been part of the local ecology prior to John Smith's landing and are adapted to the Shore's local soils and climate conditions, resulting in many benefits to the region, its residents and migratory birds. The Eastern Shorn native plants featured in this guide were selected because they are attractive relatively easy for the home gardener. those that have been part of the local ecology prior to John region, its residents and migratory birds. The Eastern Shore they are attractive, relatively easy for the home gardener to acquire, easy to maintain, and offer various benefits to wildlife and the environment.

This guide to Accomack and Northampton native plants is being provided through the Plant ES Natives campaign, initiated by the Virginia Coastal Zone Management Program, by the following partners:

Barrier Islands Center

Eastern Shore Environmental Education Council Eastern Shore Soil and Water Conservation District Eastern Shore Resource Conservation & Development Council

Eastern Shore Watersheds Roundtable Partners The Nature Conservancy

University of Virginia Anheuser Busch Coastal Research Center

Virginia Coastal Zone Management Program Virginia Department of Environmental Quality Virginia Cooperative Extension

Virginia Department of Conservation and Recreation - Eastern Shore Regional Office Virginia Department of Game and Inland Fisheries Virginia Master Gardeners Virginia Master Naturalists

To learn more about the Plant ES Natives Campaign visit - www.deg.virginia.gov/Programs/ CoastalZoneManagement/CZMIssuesInitiatives/NativePlants.aspx.

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What Makes Accomack and Northampton Native Plants So Special?



Whether you want to put in a flower garden or establish or restore the landscape around your home, there are a great variety of Eastern Shore native plants from which to choose.

Native plants not only offer many practical, low cost, environmental benefits over nonnative plants, many also offer an appealing display of foliage and flowers that surpass non-native ornamentals.

By planting natives, you will join an increasing number of gardeners who have discovered that wildflowers, trees, shrubs, grasses and annuals native to their region are not only important to protecting local water supply and wildlife, but are simply gorgeous.

So, regardless of your gardening and landscaping plans, Virginia's Eastern Shore natives are worth checking out. We think you'll find just what you and the Shore need.

Here's Why

Eastern Shore native plants are survivors! They are well adapted to the Virginia Eastern Shore's local soils and climate conditions.

Eastern Shore natives generally require less watering and fertilizing than non-natives, and are less susceptible to drought conditions. Less watering means conserving potable water supplies for non-watering uses.

Eastern Shore natives are often more resistant to insects and disease and less likely to need pesticides that may leach into water supplies or run off into shellfish aquaculture farms.

Some of our native plants are resistant to occasional salt-water stress.

Eastern Shore native plants play a crucial role in our unique ecosystem. They help preserve the diversity, beauty, and function of our natural ecosystems.

Eastern Shore native plants provide critical habitats and food for the millions of migratory birds and butterflies that rely on Virginia's Eastern Shore as a rest stop.

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Look for these Plant ES Natives plant tags at your local garden center!



How to Use This Guide

Key to Herbaceous, Grass, Fern and Vine Sections

Scientific name common name(s) per Flora of Virginia

Passiflora incarnata • Purple Passionflower, Maypop



Showy ornamental for arbor and fences, walls and columns. Birds eat fruit and flower attracts butterflies.

Environmental, aesthetic, and economic benefits

- * * Oo ~ **>**
- Perennial ∠height of plant at maturity flower color
- Up to 25 ft., with sprawls along ground bloom time;
- Lavender, May Sep; orange-yellow berry berry color
- Roadsides, meadows, pastures, woodland edges/opens, streams, riverbanks
 natural habitat
- Full sun, part shade ← light requirement
 Rich, moist, clay and sandy, non-saline
- Rich, moist, clay and sandy, non-saline soils Soil/moisture

ES Native alternative to:

Lonicera japonica (Japanese honeysuckle)

Floral parts said to represent aspects of Christian crucifixion story, sometimes referred to as the Passion. Maypop refers to pop of berries when crushed.

interesting fact(s) about genus and/or species

requirements

natural

alternative to

species of

this non-native

concern on ES

Key to Shrub and Tree Sections

Scientific name common name(s) per Flora of Virginia

Baccharis halimifolia • High-tide Bush, Groundsel Tree



Tolerant of saltwater spray, its one of the few eastern shrubs suitable for planting near the ocean.

Marsh wrens and other small birds frequently nest in the openly branched, brittle stems.

A few environmental, aesthetic, and economic benefits



A 6 - 12 ft. deciduous shrub bearing graygreen oval leaves. Numerous branches from short trunks are covered densely with branchlets. White to green flowers (Aug - Oct) occur in small, dense, terminal clusters. Silvery, plume-like achenes resembling silvery paintbrushes appear in the fall on female plants.

including
height and
shape; leaf,
flower and
berry color,
and bloom
time; fall
colors

- full sun, part shade
- wet to dry, sandy, loam soils
- ← light requirement ← soil/moisture requirements

In the aster family with Iva frutescens (Marsh elder) - both can reach tree size. Baccharis ancient Greek name (the god Bacchus) of a plant with fragrant roots.

← interesting fact(s) about genus and/or species

ES Native Alternative to:

Elaeagnus umbellata (autumn olive)

natural aternative to this nonnative species of concern on the Eastern Shore

Key to Terms & Symbols

Light requirement:



Full sun: 6 or more hrs sun



Part sun/shade: 2 to 6 hrs sun



Full shade: 2 hrs or less sun

Soil moisture:



Dry: no signs of moisture



Moist: looks & feels damp



Wet: saturated

Wildlife supported by plant:



Food source for birds (berries, nectar or insects resident on plant)



Nectar source for pollinators - butterflies, moths, bees or other insects



Larval host for butterflies or moths (larva are newly hatched forms of insects before they undergo metamorphosis)

Soil type on Eastern Shore:

Most soils on Virginia's Eastern Shore will be sandy (coarse and grainy - drains well but dries out rapidly) or a sandy-loam mix (loam is the ideal mixture of sand, clay and silt). To have your soil tested, contact the Accomack County Cooperative Extension Office at (757) 787-1361 or Northampton County Cooperative Extension Service Office at (757) 678-7946. Accomack and Northampton counties are in garden zone 7 - 9.

For more soil information and maps visit: USDA Soil Survey - http://websoilsurvey.nrcs.usda.gov/app/WebSoilSurvey.aspx

Benefits of Eastern Shore Native Plants

Plant for the Birds and Butterflies

Native plants are critical to the millions of migratory songbirds that visit the Eastern Shore of Virginia each spring and fall. The Eastern Shore is one of only a few rest stops along the Atlantic coast for songbirds traveling thousands of miles to their winter homes in Central and South America. That's quite a long trip for birds that can weigh as little as half an ounce! Native trees and shrubs provide the berries and insects that songbirds eat to fuel their long journeys. Native understory plants provide the greatest diversity and amount of fall fruits as well as safe cover from migrating raptors. Even the smallest yard can provide a "stopover habitat" for hungry migrants. Research by the Center for Conservation Biology at William and Mary has shown that a 50% increase in the density of understory vegetation results in a 50% increase in the number of migrants supported. Help make the Shore a generous rest stop!

Native plants are crucial to the large variety of butterflies that occur on Virginia's Eastern Shore. Adult butterflies are attracted to the showy flowers and nutritious nectar of native wildflowers. Many can only lay their eggs on specific species of native plants which provide essential food for their caterpillars. This is especially important for sustaining the annual Monarch butterfly migration through the Eastern Shore. By using native plants in your landscape you will not only ensure the survival of our butterflies, but will attract an abundance of these colorful visitors to your garden.

Migratory songbirds and butterflies play very important ecological and economic roles on Virginia's Eastern Shore. Songbirds consume tons of insects that would otherwise plague us, and damage our crops. Butterflies are important pollinators of the native plants the songbirds rely on. Together, they help sustain the "miracle of migration", a unique source of ecotourism almost unparalleled on the East Coast. This fall migration will continue to contribute an increasing source of revenue for the Eastern Shore's communities, if critical migratory bird stopover habitat is plentiful.

Clockwise from top left: A Spicebush Swallowtail, Papilio troilus, enjoys Butterflyweed nectar; a Cedar Waxwing feeds on Holly berries; an Eastern Tiger Swallowtail butterfly, Papilio glaucus, and an American Painted Lady butterfly, Vanessa virginiensis, enjoy the nectar of Joe-pye-weed; a Gray Hairstreak butterfly nectars on Hyssop-leaf Thoroughwort; and Yellow-rumped Warblers and a Scarlet Tanager rest and watch warily from their perches in trees and shrubs.















Benefits of Eastern Shore Native Plants

Plant to Save Water, Time and Money and Maybe Your Next Meal

Natives can help fill your next glass of water. Groundwater is the Shore's only source of drinking water. An increase in native vegetation helps slow the speed of water and sediment running off the land. This allows the water to soak into the ground where it is filtered by plant roots and can recharge the groundwater supply.

Natives can help you save time and money. Adapted to the Shore's environment, native species are drought and disease resistant, requiring less water, fertilizers and pesticides. Native plants are extremely well suited to "low maintenance" gardening and landscaping.

Natives can help protect your next meal. Landscaped areas of native trees, shrubs and groundcover can result in 50% greater reduction of runoff compared to grass lawns, significantly reducing non-point source pollution.* This helps protect water quality and eelgrass habitats in the Shore's creeks and inlets where the Shore's shellfish live (like the native oysters, clams and scallops in the photos below). The Shore is the largest source of aquaculture-grown hard clams on the East Coast. In 2004, according to a Virginia Sea Grant Study, the total economic impact of hard clam aquaculture was almost 50 million dollars.







Top left - Virginia native oysters; bottom left - aquaculture grown clams; above - scallops are making a steady comeback as eelgrass habitat is restored on the seaside of the Eastern Shore.

* Chesapeake Bay Preservation Act Handbook for the Eastern Shore of Virginia - Accomack-Northampton Planning District Commission

Invasive Non-Natives of Particular Concern on Eastern Shore

Some non-native plants can be highly invasive or aggressive and crowd out Eastern Shore natives. These invasive species can result in the degradation of the Shore's natural communities and lead to the disruption of the local ecosystem. They are a potential threat to the Shore's natural areas, parks and other protected habitats. Staff of the Virginia Department of Conservation Division of Natural Heritage Eastern Shore Office have identified the following invasive non-native species on the market to be of particular concern on the Shore:

Ailanthus altissima – Tree of Heaven
Cynodon dactylon – Bermuda Grass
Eleagnus angustifolia – Russian Olive
Eleagnus umbellata – Autumn Olive
Festuca elatior – Tall Fescue
Hedera helix – English Ivy
Ligustrum sinense – Chinese Privet **
Lonicera japonica – Japanese honeysuckle
Melia azedarach – China Berry
Morus alba – White Mulberry
Pawlonia tomentosa – Princess Tree
Rosa multiflora – Multiflora Rose
Vinca minor – Common Periwinkle Vine
Vitex rotundifolia – Beach Vitex
Wisteria sinensis – Chinese Wisteria

Please do not plant these species! Although they may attract songbirds, they can disrupt the natural ecosystem!

For more information, including a downloadable fact sheet, about these and other invasive non-native species in Virginia, visit http://www.dcr.virginia.gov/natural_heritage/invspfactsheets.shtml.

** Please note that all privet species are potentially invasive.



Scientific Name

Forbs

Ageratina altissima (Eupatorium rugosum) Anemone quinquefolia Asclepias incarnata Asclepias syriaca Asclepias tuberosa Arisaema triphyllum Baptisia tinctoria

Caltha palustris Chelone glabra

Chrysopsis mariana Clitoria mariana

Conoclinium coelestinum Coreopsis lanceolata

Coreopsis tripteris Desmodium paniculatum Eupatorium hyssopifolium Eupatorium perfoliatum

Eutrochium dubium

Eutrochium fistulosum Eutrochium purpureum

Helenium autumnale Helianthus angustifolius Hibiscus moscheutos

Impatiens capensis

Iris versicolor Iris virginica

Kosteletzkya pentacarpos

Liatris pilosa

Lilium superbum Limmonium carolinianum

Lobelia cardinalis Mimulus ringens

Common Name(s)

White Snakeroot

Wood Anemone

Swamp Milkweed (p.10)

Common Milkweed

Butterfly-weed (p.10)

Common Jack-in-the-pulpit

Yellow Wild Indigo (p.10)

Marsh Marigold

White Turtlehead (p.11)

Maryland Golden-aster

Butterfly Pea

Mistflower (p.11)

Long-stock Coreopsis (p.11)

Tall Coreopsis

Narrow-leaf Tick-trefoil

Hyssop-leaf Thoroughwort

Common Boneset

Three-nerved Joe-pye-weed (p.11)

Hollow Joe-pye-weed

Sweet-scented Joe-pye-weed

Common Sneezeweed (p.12)

Narrow-leaved Sunflower (p.12)

Swamp Rose-mallow (p.12)

Orange Jewelweed

Larger Blue Flag (p.12)

Virginia Blue Flag

Seashore Mallow (p.13)

Grass-leaf Blazing Star

Turks-cap Lily (p.13)

Sea Lavender

Cardinal Flower (p.13)

Square-stemmed Monkeyflower

Scientific Name

Mitchella repens Monarda punctata

Nymphaea odorata Oenothera biennis

Oenothera fruticosa Opuntia humifusa

Peltandra virginica

Phlox paniculata

Podophyllum peltatum Polygonatum biflorum

Pontederia cordata

Rhexia virginica

Rudbeckia hirta

Rudbeckia laciniata Ruellia caroliniensis

Sagittaria latifolia Salvia lyrata

Sanguinaria canadensis

Saururus cernuus

Sisyrinchium angustifolium Sisyrinchium atlanticum

Solidago caesia Solidago odora

Solidago sempervirens

Symphyotrichum novi-begii

Common Name(s)

Partridge-berry (p.13) Spotted bee-balm (p.14)

White Water-lilv

Common Evening-primsrose

Narrow-leaf Sundrops (p.14) Eastern Prickly-pear (p.14)

Arrow Arum

Fall Phlox (p.14)

Mayapple

Solomon's-seal

Pickerelweed (p.14)

Virginia Meadow Beauty

Black-eyed Susan (p.15)

Cut-leaf Coneflower

Carolina Wild-pertunia

Broad-leaved Arrowhead

Lyre-leaf Sage Bloodroot

Lizard's Tail (p.15)

Narrow-leaved Blue-eyed-grass

Eastern Blue-eyed-grass Blue-stemmed Goldenrod

Sweet Goldenrod

Seaside Goldenrod (p.15)

New York Aster (p.15)







Cardinal Flower.



Black-eyed Susan.

Scientific Name

Common Name(s)

Forbs Cont'd

Verbesina occidentalis Vernonia noveboracensis Viola cucullata Yucca filamentosa Yellow Crownbeard New York Ironweed Marsh Blue Violet Common Yucca

Grasses/Sedges/Rushes

Ammophila breviligulata Andropogon gerardii Andropogon glomeratus Andropogon virginicus

Carex stricta

Distichlis spicata Dulichium arundinaceum

Elymus virginicus Festuca rubra

Juncus canadensis

Juncus effusus
Juncus roemerianus

Panicum amarum Panicum virgatum

Saccharum giganteum
Schizachyrium scoparium

Sparganium americanum Spartina alterniflora

Spartina cynosuroides

Spartina patens Sorghastrum nutans

Zizania aquatica

American Beach Grass (p.16)

Big Bluestem

Bushy Bluestem (p.16) **Broomsedge** (p.16)

Tussock Sedge (p.16)

Saltgrass

Three-way Sedge

Virginia wild Rye Red Fescue

Canadian Rush

Common Rush (p.17)

Black Needle Rush

Bitter Seabeach Grass (p.17)

Switchgrass (p.17)

Giant Plumegrass

Little Bluestem (p.17)

American Bur-reed Saltmarsh Cordgrass

Big Cordgrass

Saltmeadow Cordgrass

Indian Grass

Southern Wild Rice

Scientific Name Common Name(s)

Ferns

Asplenium platyneuron

Athyrium asplenoides

Botrypus virginianus Dryopteris cristata

Dryopteris intermedia

Onoclea sensibilisOsmunda clavtoniana

Osmunda spectabilis

Osmundastrum cinnamomeum

Parathelypteris noveboracensis

Polystichum acrostichoides

Pteridium aquilinum
Thelypteris palustris

Woodwardia areolata

Woodwardia virginica

Ebony Spleenwort

Southern Lady Fern (p.18)

Rattlesnake Fern Crested wood Fern

Evergreen Wood Fern (p.18)

Sensitive Fern (p.18)

Interrupted Fern

Royal Fern (p.19)

Cinnamon Fern (p.18)

New York Fern

Christmas Fern (p.19)

Southern Bracken Fern

Marsh Fern (p.19) Netted Chain Fern

Virginia Chain Fern (p.19)

Vines

Bignonia capreolata Campsis radicans

Celastrus scandens

Clematis virginiana

Gelsemium sempervirens Lonicera sempervirens

Mikania scandens

Parthenocissus quinquefolia

Passiflora incarnata
Wisteria frutescens

Cross-vine (p.20)

Trumpet-creeper (p.20)

Climbing Bittersweet

Virgin's-bower (p.20)

Yellow Jessamine (p.20) Trumpet Honeysuckle (p.21)

Climbing Hempweed

Virginia-creeper (p.21)

Purple Passionflower (p.21)

American Wisteria (p.21)

The native plants in **bold** are featured in this guide.

Native Plants of Accomack and Northampton



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Scientific Name

Shrubs

Alnus serrulata Aronia arbutifolia Baccharis halimifolia Callicarpa americana Cephalanthus occidentalis Clethra alnifolia

Eubotrvs racemosa Gaultheria procumbens Gaylussacia baccata Gaylussacia frondosa Hamamelis virginiana

llex decidua llex glabra llex verticillata llex vomitoria Itea virginica Iva frutescens Kalmia angustifolia Kalmia latifolia Lindera benzoin

Lyonia ligustrina Morella cerifera Morella pensylvanica

Persea palustris (borbonia) Rhododendron atlanticum Rhododendron periclymenoides

Rhododendron viscosum

Rhus copallinum Rhus glabra Rosa carolina Rosa palustris Salix sericea

Common Name(s)

Smooth Alder (p. 22) Red Chokeberry (p. 22)

High-tide Bush (Groundsel Tree) (p.22) American Beauty-berry (p. 22)

Buttonbush (p. 23)

Coastal White-alder (Pepperbush) (p.23)

Fetterbush. Sweetbells

Wintergreen

Black Huckleberry

Dangleberry

Witch Hazel (p. 23)

Desiduous Holly

Inkberry (p. 23) Winterberry (p. 24)

Yaupon (p. 24)

Virginia-willow (p. 24)

Marsh-elder (p. 24)

Sheep Laurel Mountain Laurel

Spicebush (p. 25)

Maleberry

Wax Myrtle (p. 25) Northern Bayberry

Red Bay (p. 25)

Dwarf Azalea (p. 25)

Wild Azalea

Swamp Azalea (p. 26)

Winged Sumac Smooth Sumac Carolina Rose

Swamp Rose (p. 26)

Silky Willow

Scientific Name

Sambucus canadensis Stewartia malacodendron Vaccinium corvmbosum Vaccinium macrocarpon

Vaccinium pallidum Vaccinium stamineum

Viburnum nudum

Viburnum prunifolium

Viburnum dentatum

Common Name(s)

Common Elderberry (p. 26)

Silky Camelia (p. 26)

Highbush Blueberry (p. 27)

Cranberry

Early Lowbush Blueberry (p. 27)

Deerberry

Arrow-wood (p. 27) Southern Wild Raisin

Black Haw (p.27)

Small Trees

Amelanchier arborea

Amelanchier canadensis

Asimina triloba

Betula nigra Castanea pumila

Cercis canadensis

Chionanthus virginicus

Cornus amomum

Cornus florida

Crataegus crus-galli

Morus rubra

Ostrya virginiana

Prunus americana

Salix nigra

Downy Serviceberry (p. 28)

Canadian Serviceberry

Pawpaw

River Birch (p. 28)

Allegheny Chinquapin

Eastern Redbud (p. 28)

Fringetree (p. 29)

Silky Dogwood (p. 29)

Flowering Dogwood

Cockspur Hawthorn

Red Mulberry

Hop-hornbeam

American Wild Plum

Black Willow (p. 31)



Groundsel Tree.



Redbud.



Sassafras.

Scientific Name Common Name(s)

Medium to Large Trees

Eastern Boxelder Acer negundo Acer rubrum Red Maple Pignut Hickory Carva alabra Carya ovata Shagbark Hickory Mockernut Hickory Carya tomentosa

Celtis occidentalis Common Hackberry (p. 28) Common Persimmon (p. 29) Diospyros virginiana

Fagus grandifolia American Beech Fraxinus pennsylvanica Green Ash

American Holly (p. 29) llex opaca Juglans nigra Black Walnut

Juniperus virginiana Eastern Redcedar (p. 30)

Liquidambar styraciflua Sweetgum Liriodendron tulipifera **Tulip-tree** (p. 30)

Magnolia virginiana Sweetbay Magnolia (p. 30)

Nyssa aquatica Water Tupelo Nyssa sylvatica Black Gum (p. 30)

Oxydendrum arboreum Sourwood Pinus echinata Shortleaf Pine Pinus taeda Loblolly Pine Pinus virginiana Virginia Pine Platanus occidentalis Sycamore

Prunus serotina Wild Black Cherry (p. 31)

Quercus alba White Oak Quercus coccinea Scarlet Oak

Southern Red Oak (p. 31) Quercus falcata

Blackjack Oak Quercus marilandica

Swamp Chestnut Oak Quercus michauxii

Quercus nigra Water Oak Willow Oak Quercus phellos

Northern Red Oak Quercus rubra

Quercus stellata Post Oak Quercus velutina Black Oak Sassafras albidum Sassafras (p. 31)

Baldcypress Taxodium distichum

Plant Names:

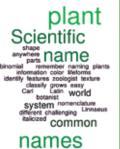
Plants are highighted in this guide and listed in the index alphabetically by scientific name.

Plant names can be interesting, confusing and intimidating, even to people in the plant business. Common names are usually easy to remember, but one plant can be known by several different common names depending on where you are in the world or

how you first learned the name. Scientific

names are based on binomial nomenclature, a two-part naming system used to classify all lifeforms. Carl Linnaeus, a Swedish botanist, physician, and zoologist, developed the system in the 1700s. Each plant has only one Scientific name, in italicized Latin; that can identify it to anyone anywhere around the world. Scientific names are often challenging to read, spell and pronounce; but they can tell you a lot about a plant. Sometimes information on the plant's discoverer, where it grows, or features like color, shape, or texture are included in the parts of a plant's scientific name.

Always know and use a plant's scienitific name to be sure you are getting the Eastern Shore native plant you are looking for!





The native plants in **bold** are featured in this guide.

Asclepias incarnata • Swamp Milkweed



- Perennial
- 4 6 ft.
- Pink, purple; May Aug
- Wet freshwater areas: meadow, field, riparian area, swamp, marsh
- Full sun, part shade
- Moist to wet, rich soils (good plant for wetland gardens)

Cannot be transplanted because of its deep taproot. It is deer resistant. Will inevitably have aphids, but the insects are not a problem unless the plant looks sick; at that point an effective treatment is to spray the plant and aphids with soapy water. The genus was named in honor of Aesculapius, Greek god of medicine.

ES Native Alternative to:

Lythrum salicaria (purple loosestrife)

Baptisia tinctoria • Yellow Wild Indigo

Showy flower clusters attract butterflies

important food source for the Monarch

caterpillar (Danaus plexippus).

and hummingbirds. It is larval host and an





- 1 3 ft.
- Yellow pea-like; May Sep
- Dry open woods and clearings
- Full sun
- Dry, loam, sandy, acidic soils

The genus name, from the Greek "baptizein" (to dye), refers to the fact that some species are used as an inferior substitute for true indigo dye.



A larval host for Frosted elfin (Callophrys irus) and Wild indigo duskywing (Erynnis baptisiae) butterflies.

Asclepias tuberosa • Butterfly-weed





As its common name suggests, Butterfly weed attracts butterflies, and is a larval host and nectar source for the Monarch butterfly (Danaus plexippus).

- Perennial
- 1 3 ft.
- Yellow-orange to bright orange; May -
- Open woods
- Full sun, part shade
- Moist or dry, well-drained sandy soils (tolerates drought)

Although sometimes called Orange Milkweed, this species has no milky sap. Makes a delightful cut flower, and easily grown from seed, but somewhat slow to establish and may take 2-3 years to produce flowers. Mature plants may freely self-seed in the landscape if seed pods are not removed prior to splitting open. Does not transplant well due to its deep taproot and is probably best left undisturbed once established.

Chelone glabra • White Turtlehead



Nectar source for butterflies. Larval host of the Baltimore Butterfly (Euphydryas phaeton).

- Perennial
- 1 4 ft.
- White, pink; Jul Sep
- Brushy marshes; stream banks; wet ditches; low meadows; woodlands full
- Sun, part shade, shade
- Light, rich, wet to moist soils

The 2-lipped flowers of White Turtlehead resemble turtle heads, which gives it its distinctive common name. Its genus name is derived from the Greek chelone (tortoise). The related Chelone obliqua (often sold as C. lyonii) has pink inflorescences.





Conoclinum coelestinum • Mistflower





Fluffy-edged flowers are a magnet for late-season butterflies. It is a colonizing groundcover. It spreads quickly and is good for areas with poor drainage.

- Perennial
- 1 3.5 ft.
- Bright blue or violet; July Nov
- Wood margins; stream banks; low woods; wet meadows; ditches
- Full sun, part shade
- Moist, loam, sandy or clay soils

Disk flowers are almost ¼ inch long, they form almost a flat top.

Coreopsis lanceolata • Long-stock Coreopsis





Attractive ground cover for harsh sunny conditions. Its seeds are a favorite food for goldfinches.

- Perennial
- 1 2.5 ft.
- Yellow; May June
- Open woodlands; meadows; pastures
- Full sun, part shade, shade; prefers sun
- Dry, sandy, gravelly, well-drained, acidbased soils

Grows in small clumps but forms extensive colonies. It is the most common native coreopsis, easy to grow and drought tolerant. It prefers sun and should have frequent deadheading to keep it in bloom well into the summer.

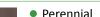
Eutrochium dubium • Three-nerved Joe-pye-weed



- 2 5 ft.
- Swamps, bogs, marshes, swales
- Full sun, part shade

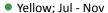
This Joe-Pye Weed is sometimes called Coastal Joe-Pye Weed. It has distinctive purple spots on the stem. Flower heads do not re-bloom, so leave the spent flowers on the plant and let them go to the stem, and the dome-shaped flower clusters (as opposed to the flat-topped clusters of spotted Joe-Pye weed).

Helenium autumnale • Common or Fall Sneezeweed









- Open areas along streams & ponds; wet meadows
- Full sun
- Moist soils

Sneezeweed does not cause sneezing. The common name is based upon the former use of its dried leaves in making snuff, inhaled to cause sneezing that would supposedly rid the body of evil spirits.

Caution: The leaves, flowers, seeds are poisonous to humans, and toxic if eaten in large quantities.



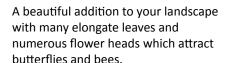


Flowers are magnets of butterflies, especially swallowtails and monarchs. Fluffy seed heads provide nesting materials for birds.

- Purple, rarely white; Jul Oct
- Moist, usually sandy acidic soil

seed. Other identifying marks for eastern Joe-Pye weed are the fine purple spots on











Conspicuous flowers on Narrow-leaved Sunflower attract birds and native bees. and are very beautiful in bouquets.

- Perennial
- 1.5 5.5 ft.
- Yellow; Aug Oct
- Flood plains; bottomland
- Full sun, part shade
- Wet, sandy, loam or clay, acidic soils

Narrow-leaved Sunflower has the narrowest leaves. This perennial can be used for ornamental bogs and ponds. Part of the Asteraceae family in which there are about 920 genera and 19,000 species including Cosmos, Sunflower, Zinnia and Dahlia.

Hibiscus moscheutos ● Swamp or Eastern Rose-mallow ※ ★ ♥ ♦ ♦ ♦





Strikingly showy species with large, heartshaped leaves. It is a nectar source for hummingbirds.

- Perennial
- 3 8 ft.
- Creamy-white flowers; Jul Sep
- Swampy forests; wet meadows; freshwater marsh edges
- Full sun, part shade
- Wet or moist alkaline soils

Clumps of Swamp Rose-mallow start to grow late in the season and flower over a long period in late summer. Rose mallow is easily grown from seed. Seeds are ready to collect when they are dark-brown.

Iris versicolor • Larger or Northern Blue Flag







- Meadows; stream banks; marshes; swamps
- Full sun, part shade
- Wet or moist, acidic soils (can tolerate complete submergence)

From the middle English "flagge", meaning rush or reed. Flowers have symbolized power, with the three parts representing wisdom, faith and courage.

Kosteletzkya pentacarpos • Seashore or Salt Marsh Mallow







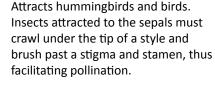
- 1.5 4.5 ft., spreads to 4 ft. in width
- Light pink; Jun Oct
- Brackish marshes; coastal plains; swamps
- Full sun
- Moist; prefers sand, but will tolerate clav soils (moderately salt tolerant, though does best with high acidity)

The flowers of the Seashore Mallow close at night. This perennial takes 5 years to fully mature and lives for 5 years. It is easily propagated from seed.

Great for color in late summer through fall. Attracts hummingbirds and butterflies.

ES Native Alternative to:

Altheae officianalis, or Common Marsh Mallow





Forbs

Lilium superbum ● Turks-cap Lily





Largest and most spectacular of the native lilies; up to 40 flowers have been recorded on a single plant.

- Perennial
- 4 8 ft.
- Red, orange, yellow; Jul Sep
- Wet meadows; swamps; and woods
- Full sun
- Moist, loam, sand, acidic soils (good drainage essential)

The recurved sepals and petals, which presumably resemble a type of cap worn by early Turks, and the showy extruded stamens, are distinctive features. Indians used the bulbs for soup.

Lobelia cardinalis • Cardinal Flower



Valued for its ornamental blooms and color. Attracts birds. Depends on hummingbirds, which feed on the nectar, for pollination.

- Perennial
- 1 6 ft.
- Red; July Oct
- Low areas, woodlands edge, stream banks, roadsides, meadows
- Full sun, part shade, shade
- Moist to wet, humus-rich, sandy & clay soils

Cardinal Flower is a short-lived perennial that self sows. The common name of this flower alludes to the bright red robes worn by Roman Catholic cardinals. This species is not drought tolerant.

Caution: All parts of this plant are toxic.

Mitchella repens ● Partridge-berry





- .5 ft., creeping
- Pinkish-white, trumpet; May Jul; red berry in July - Dec
- Dry or moist woods; stream banks; sandy slopes
- Part shade, shade
- Moist or dry, humus-rich, sandy or loam, acidic soils

A most attractive, dainty, woodland creeper, Partridge-Berry can be used as a groundcover under acid-loving shrubs and in terraria in the winter. It was used medicinally by Native American women.

Monarda punctata ● Horsemint, Spotted Beebalm

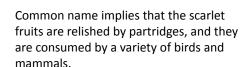




Nectar source for butterflies and other pollinators.

- 1–3 ft.
- Rosettes of aromatic, yellowish, purple spotted tubular fragrant, flowers occur in whorls in April—August; forms a dense spike at the end of the stem; each whorl is supported by large, conspicuous, whitish, purple-tinged, leaf-like bracts
- Maritime forests, dune woodlands and grasslands, sandy upland forests, fields, and roadsides
- Sun
- Dry, sandy soils

Linnaeus named the genus "Monarda" in honor of a 16th century Spanish physician/botanist, Nicolas Bautista Monardes (1493-1588).





Oenothera fruticosa Narrow-leaf or Southern Sundrops 🔅 🛂 📈













Attracts birds and hummingbirds. Of special value to native bees.

- Perennial
- 1 3 t.
- Golden-yellow; May Sep
- Roadsides; meadows
- Full sun
- Moist, acidic, well-drained soils (tolerant of brackish and lime soils)

Narrow-leaf Sundrops spread rapidly under favorable conditions, but does not usually become aggressive.

Opuntia humifusa • Eastern Prickly-pear





Attracts pollinating bees. A striking plant with beautiful, showy flowers.

Caution: Glochids (minute bristle-like, barbed hairs) on the stems can cause severe skin irritation upon contact.

- Evergreen
- 1-2½ ft. with 1-3 levels of flattened pads, each pad is up to 10" long, 7" across, and 1½" thick
- One or more flower buds can form on top of pad and each produces a single satiny yellow flower about 3-4" across followed by a pear-like fruit; late spring to mid-summer
- Full sun best
- Dry, sandy soil

The blooming period of Eastern Prickly-pear occurs from late spring to mid-summer and lasts about a month for a colony of plants, although each flower lasts only a single day. It is faster and easier to start new plants using pads (break at joints, and plant), rather than seeds. Wear gloves while collecting.

Phlox paniculata • Fall Phlox, Garden Phlox





Beautiful ornamental flower that attracts hummingbirds and butterflies. A showy clump-former.

- Perennial
- 1.5 6.5 ft.
- Pink, purple; Jun Oct
- Open woods; thickets; meadows; moist roadsides
- Full sun
- Moist, organic, loam soils

Fall Phlox needs at least 6 hours of sun in order to prevent powdery mildew. The very similar species - Large-leaved Phlox (P. amplifolia) - has a hairy stem, only 6-15 leaf pairs below the flower cluster, and a hairless corolla tube and is found in the southern Appalachian Mountains.

Pontederia cordata • Pickerelweed





Provides nectar for bees and butterflies. Good for wetland gardens and habitat. Seeds eaten by waterfowl. Attracts dragonflies.

- Perennial
- 3 3.5 ft.
- Deep blue; Jun Nov
- Shallow, quiet water; freshwater marshes, up to a foot under water
- Full sun, part shade
- Wet or moist, sandy, loam or clay soils

The flowers bloom in succession from the bottom up. The seeds can be eaten like nuts and the young leaf-stalks cooked as greens.

ES Native Alternative to:

Eichhornia crassipes (common water hvacinth)



Forbs

Rudbeckia hirta • Black-eyed Susan





Cheerful blossoms liven up bouquets. Birds, especially goldfinches and chickadees, enjoy the ripe seeds. Nectar attracts bees, butterflies.

- Perennial
- 1 3.5 ft.
- Bright-yellow; Jun Oct
- Meadows; pastures; woodland edges
- Full sun, part shade, shade (may bloom longer with some afternoon shade)
- Moist to dry, well-drained acidic soils (drought tolerant)

Black-eyed Susan forms mature seed cones about three to four weeks after flowering. (Check by breaking a cone open and if the seeds are dark, they are mature.) This plant is easy to grow and tolerant of most soils. It reseeds and establishes clumps.

Saururus cernuus • Lizard's Tail, Water-dragon





Great spreading groundcover for moist soils, shallow water, and containers. Good for wetland gardens and habitat. Colonizes large areas. Attracts birds.

- Perennial
- 1.5 4 ft.
- White; May Sep
- Still water; wet lowlands; stream edges
- Part shade, shade
- Wet, moist, muddy soils (aquatic - up to 4 in. inundation)

The common name and the genus name, from the Greek "sauros" (lizard) and "oura" (tail), depict the shape of the drooping flower cluster. Crushed foliage has a pleasant, sassafras aroma.

Solidago sempervirens • Seaside Goldenrod





Attracts birds and migrating Monarch butterflies (Danaus plexippus). The "Solidago" genus supports the greatest number of caterpillars of any of the wildflowers -112 caterpillars, an important staple in a bird's diet!

- Perennial
- 2 8 ft.
- Deep-yellow; Jul Nov
- Saline places along the coast (resistant to salt spray)
- Full sun
- Moist, sandy soils

Goldenrod is often mistakenly believed to cause hayfever; the real offender is ragweed, which blooms at the same time. The heavy pollen of goldenrods can only be transported by insects while the tiny molecules of ragweed pollen is transported by wind and aggravates alleraies.

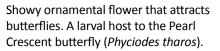
Symphyotrichum novi-belgii • New York Aster







- Perennial
 - 1 4.5 ft.
 - Purple, blue-violet; Jul Oct
 - Meadow: field
 - Full sun
 - Moist, loam soil





Ammophila breviligulata • American Beach Grass





Most common dune plant along much of the Atlantic Coast. Instrumental in building dunes. Very salt tolerant.

- Perennial
- 1.5 5 ft.
- Yellow: Jul Sep
- Back beaches; sand dunes
- Full sun
- Dry, sandy

Important dune stabilizer. It can withstand burial within a shifting dune by sending up vertical rhizomes that produce new emerging stems. Ammophila means sand lover.

Andropogon glomeratus • Bushy Bluestem





Provides seed and nesting material for birds. Ideal for wetland gardens. Larval host for Satyrs and Skippers. Can be a luxurious addition to a fall flower display and is ideal for wetland gardens.

- Perennial
- 2 5 ft.
- White, brown; Aug Nov
- Low, moist grassland areas (poor drainage okay, even preferred)
- Full sun
- Wet or moist, relatively sterile, sandy, clay or loam soils (tolerates salinity)

Bushy Bluestem's foliage is blue-green in summer and coppery in winter. Perhaps best for large-scale gardens and landscapes as it seeds out heavily and may fall over as it reaches maximum height.

Andropogon virginicus • Broomsedge









- Perennial • 1 - 3 ft.
- Yellow, reddish-brown; Aug Nov
- Dry fields; thin woods; upper shores of ponds
- Part shade
- Moist or dry, sandy soils

Broomsedge's seeds are striking in fall and winter when the fine hairs of the expanded racemes catch the sunlight. The attractive clump-forming, perennial grass turns a tawny brown in fall.

Carex stricta • Tussock Sedge, Upright Sedge

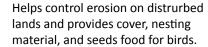




Excellent nesting habitat for rails, snipes. Larval host of the Black Dash Butterfly (Euphyes conspicua)

- Perennial
- 1 3 ft., 3 ft. wide
- Greenish/brownish spikes; Apr Aug
- Acid or neutral swamps; low woods; seasonally flooded sites
- Full sun
- Wet, moist soil

This sedge has a distinctive, elevated tussock (dense tuft).





Grasses

Juncus effusus • Common Rush, Soft Rush



- Perennial
- 1 4 ft.
- Small, greenish-brown; Jun Sep
- Swamps; damp open ground
- Full sun
- Wet or moist, clay, sandy or loam soils

The soft, grass-like stems of Common Rush, a strictly wetland plant, grow in clumps.

Panicum amarum • Bitter Seabeach Grass







Attracts birds.

Perennial

- 1 3 ft.
- Aug Oct
- Coastal shores and dunes
- Full sun
- Dry or moist, loam, sandy soil

Very salt tolerant. Adapted to very dry sterile sites. It can withstand periods of extended drought and is somewhat winter hardy.

Can provide very good shoreline protection.

Birds find shelter among the stems.

Panicum virgatum • Switchgrass





- 3 6 ft.
- Red-purple seedhead; Aug Oct
- Open areas; stream banks
- Full sun, part shade
- Dry to moist, sandy, clay or loam soils (poor drainage okay)

Switchgrass is a clump-forming, warmseason grass with bright green leaves up and down the stem, turning bright yellow in fall. Grows in large clumps, with many persistent, curly leaves. It is pollinated by wind. It has become of major interest as a source of biofuels and to revegetate surfaces such as mined land.

ES Native Alternative to: Schedonorus phoenix (tall fescue)

Schizachyrium scoparium Little Bluestem

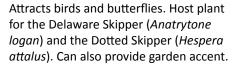




In winter, fuzzy white seeds of particular value to small birds. Provides nesting material. Of value to native bees. Host to six species of native caterpillars.

- Perennial
- Very dense mounds at 1.5 4 ft.
- White seedhead; Aug Oct
- Woodland edges; hillsides; slopes; open areas
- Full sun, part shade
- Dry, well-drained, sandy, clay or loam soils

Wonderful planted en masse, Little Bluestem provides a changing visual dynamic that ranges from blue-green stems in late summer to radiant mahogany-red, white-tufted seed heads in fall. A reddish-tan color persists during winter. It is an excellent plant in inhospitable conditions.





Athyrium asplenoides • Southern Lady Fern





- 1 3 ft.
- Non-flowering/reproduces by spores
- Forest; woodland; wet meadow; swamp; marsh
- Part shade, shade
- Wet, moist, humus-rich, sandy, loam, soils

Southern Lady fern has beautiful upright feathery fronds which give the illusion of a dainty fern. Protect it from wind.

Dryopteris intermedia • Evergreen Wood Fern





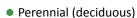
- Perennial (evergreen)
- Up to 10 inches, lacy foliage
- Forest; woodland; swamp
- Shade
- Moist, organic, humus enriched
- Soils

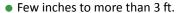
Good choice for deep shade.

Hosts three species of native caterpillars. It can be used as a groundcover plant on the northeast side of buildings.

Onoclea sensibilis • Sensitive Fern, Bead Fern







- Non-flowering/reproduces by spores
- Woodlands; floodplains; stream banks; swamps; marshes
- Part shade, shade
- Moist to wet, loose, sandy, loam, acidic soils

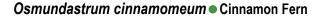
Fiddleheads appear in the spring in shades of pale red. The roots colonize but are usually shallow, though hefty. The stalks of this fern are said to have a decorative, beaded appearance, lending the plant one of its common names.





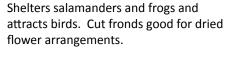
- Boggy areas; shaded ledges
- Full sun, part shade, shade
- Muddy, sandy, clay or loam, acidic soils

The fronds of Cinnamon Fern occur in groups, rising from a shallow, black rootstock. Fertile fronds appear first as silvery, furry fiddleheads, and become stiff and erect creating a dramatic feature in the landscape with the infertile fronds bending outwards in a vase-shaped circle enclosing the fertile fronds.





Fuzz that covers the young fiddleheads is a favorite nesting material for birds. Hosts three species of native caterpillars, including the Osmunda Borer moth (Papaipema speciosissima).

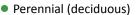


Osmunda spectabilis • Royal Fern









- 2 5 ft. high, 18 in. wide
- Non-flowering/reproduces by spores
- Freshwater wetlands: stream banks
- Part shade, shade
- Wet, sandy, clay or loam, acidic soils (tolerates year-round shallow water)

The form and texture of Royal Fern are unique. The fronds are cut twice into large rounded leaflets, resulting in foliage that resembles that of the pea family. One of the most widespread of all living species; it is found on every continent except Australia.

Polystichum acrostichoides • Christmas Fern







- Fronds 1 3 ft., taller when fertile
- Non-flowering/reproduces by spores
- Rocky woods; stream banks; swamps; thickets
- Part shade, shade
- Moist, well-drained, humus-rich, sandy, acidic soils (does not tolerate standing water)

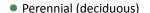
Christmas fern got its name because it stays green right through the holiday season.



Foliage can provide cover for wildlife when grown en mass. Hosts six species of native caterpillars, including the Osmunda Borer moth (Pappaipema speciosissima). Can spread to be a groundcover.

Thelypteris palustris Schott • Eastern Marsh Fern 💥 🞇 📈





- Non-flowering/reproduces by spores
- Swamps; wet fields or thickets; wooded streambanks
- Full sun
- Wet, clay, loam, sandy soils

Woodwardia virginica • Virginia Chain Fern







Good, evergreen border or accent plant.

- 2 3 ft.
- Non-flowering/reproduces by spores
- Swamps; still water; waterway banks
- Part shade
- Moist to wet, sandy, medium or clay loam, acidic soils

The frond turns bronze in the fall. This fern will quickly take over a small garden. It is best planted in large, water-logged areas where little else will grow.



Attracts birds.



Bignonia capreolata • Cross-vine



- Perennial (evergreen)
- 36 50 ft.
- Red, yellow; Mar May
- Full sun, part shade (best flowers in sun)
- Moist, well-drained, acidic or
- Calcareous, sandy or clay soils (cold tolerant, tolerates brief flooding)

Crossvine, an evergreen perennial, has claws at the end of its tendrils allowing Crossvine to cling to stone, brick, pergolas, and fences without support. In fall the green leaves become purple until spring.

ES Native alternative to:

Hedera helix (English ivy) Lonicera japonica (Japanese honevsuckle)

Showy ornamental with glossy leaves and

showy, two-tone, trumpet flowers. An

early nectar source for butterflies and

hummingbirds.





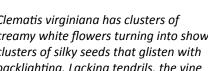
- White: Jul Sep
- Woods; thickets; stream banks
- Full sun, part shade, shade
- Moist to dry, rich soils

Clematis virainiana has clusters of creamy white flowers turning into showy clusters of silky seeds that glisten with pruned at any time during the growing season.



Attracts hummingbirds and butterflies.

Caution - this plant is poisonous and can cause skin irritation if touched. If burned the smoke is toxic.



backlighting. Lacking tendrils, the vine supports itself by means of twisted stems, or petioles, that wrap around other plants. These fast-growing stems can grow 20 ft. in one year. They may be

Campsis radicans • Trumpet-creeper





Attractive flowers. Its bright trumpetshaped flowers beckon hummingbirds. Nectar source of long tongue bees. Host of Plebeian sphinx moth (Paratraea plebeja).

- Perennial (deciduous)
- Up to 35 ft.
- Red, orange; Jun Sep
- Full sun
- Well-drained, sandy, loam, clay soils (high drought tolerance)

A high-climbing, aggressively colonizing woody vine, climbing or scrambling over everything in its path by aerial rootlets. It is a good soil stabilizer. Cut back branches to two buds in the winter to encourage bushier growth and more blooms.

ES Native alternative to:

Lonicera japonica (Japanese honeysuckle) Melia azedarach (Chinaberry tree) Wisteria sinensis (Chinese wisteria)

Gelsemium sempervirens ● Yellow Jessamine ※ ※ ◇ > <



Aromatic, showy evergreen vine whose flowers attract hummingbirds and Swallowtail butterflies. It has no serious disease or insect problems. Caution - all parts of this plant are toxic.

- Perennial (evergreen) • 10 - 20 ft
- Yellow; Jan May, Dec
- Dry to wet thickets; woods; fence rows or hammocks
- Full sun, part shade (best in sun)
- Moist, well-drained, humus-rich, sandy or clay soils (pH adaptable, heat/cold tolerant)

Yellow Jessamine is an adaptable and tenacious evergreen that will climb trees, scramble over fences and structures, or will develop a mound of tangled stems if *left to its own devices.*

ES Native alternative to:

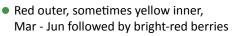
Hedera helix (English ivy) Lonicera japonica (Japanese honeysuckle)

Vines

Lonicera sempervirens • Trumpet or Coral Honeysuckle







- Full sun (best), part shade
- Sandy and clay, but rich, moist soils preferred, lime and acidic soil okay (tolerates poor drainage for short periods)

Great for arbors, and valued for its evergreen habit.

ES Native alternative to:

Lonicera japonica (Japanese honeysuckle)







Frequently visited by hummingbirds and butterflies. Host to 33 spring caterpillars including Spring Azure Butterflies, Hummingbird Clearwing moths. Fruits attract Purple Finch, Goldfinch, Hermit Thrush, and American Robin. Deer resistant.

Passiflora incarnata ● Purple Passionflower, Maypop ※ № 00 - 20







- Lavender; Apr Sep; large orangeyellow berry
- Roadsides, meadows, woodland edges/opens, streams, riverbanks
- Full sun, part shade
- Moist, rich, clay and sandy, non-saline soils

This vine is excellent for use on arbors, fences, walls and columns. The name Maypop comes from the hollow, yellow fruits that pop loudly when crushed. Maypop spreads easily by root suckers that can be contained by removing suckers or mowing.

ES Native alternative to:

Lonicera japonica (Japanese honeysuckle)

Parthenocissus quinquefolia • Virginia-creeper







Birds eat fruit through the winter. Leaves turn brilliant mauve, red and purple and provides attractive early fall color. Berries turn from red to blue to black. May be used as a ground cover for erosion control.

- Perennial (deciduous)
- 3 40 ft.
- Yellowish-green; May Jun
- Open woodlands, shaded woods, stream, riverbanks
- Full sun, part shade, shade
- Moist, well-drained, sand, loam, clay soils

Virginia Creeper has brilliant fall color. It tolerates pollution and can be pruned to control its growth. A vigorous grower it adheres to walls, arbors etc. via adhesive discs.

ES Native alternative to:

Hedera helix (English ivy) Lonicera japonica (Japanese honeysuckle)

Wisteria frutescens • American Wisteria









- Perennial (deciduous)
- 25 30 ft.
- Lilac or bluish purple; May Jun Woods; river banks; upland thickets
- Full sun, part shade, shade
- Moist, rich, sandy, loam or clay, neutral to slightly acid soils (prefers a good loamy soil in a sunny south or southwest facing position)

American Wisteria's large, fragrant, drooping clusters of flowers—6–9 inches long—appear only on new wood and after the plant has leafed out, a difference from the popular Asian species. Less aggressive than the similar Asian wisteria species.



Flowers attract native bees and the plant hosts 5 species of caterpillars including Gulf Fritillary (Agraulis vanillae) and Variegated Fritillary (Euptoieta claudia). Birds eat fruit.









Attracts butterflies. Larval host to Zarucco duskywing skipper (Erynnis zarucco) and several other skipper species. It is deer resistant.

Alnus serrulata • Smooth or Hazel Alder





Use to improve wildlife habitat. Its flexible stems and fibrous root system make it very suitable for streambank stabilization.

A 12 - 20 ft., multiple-trunked, deciduous shrub with a shiny gray-brown bark. Summer foliage is dark green and glossy, becoming yellow, tinged with red, in fall. Flowers are purple catkins; males in drooping clusters, females in upright clusters (Mar - Apr). The fruit resembles a small, woody cone and persists Aug - Feb. Commonly found at edge of water - very flood tolerant.

- Full sun, part shade, shade
- Wet or moist, fine sandy loams, and mucks

Smooth Alder is the only alder native to the southeastern United States. Space 5-10 ft. apart to allow for crown development and to optimize seed production.

Aronia arbutifolia • Red Chokeberry, Red Chokecherry





Berries persist through much of the winter, and are occasionally eaten by songbirds.

ES Native Alternative to: Ligustrum sinense (Chinese privet)

A 1.5 - 12 ft., multi-stemmed shrub with four-season interest. Beginning in March, flat-topped clusters of white, five-petaled flowers with red anthers appear in profusion and give way to dark green, glossy leaves that consistently turn a rich, orangered in fall. Bright red berries appear in fall and remain until December or January and along with a reddish-brown, exfoliating bark add color to the winter landscape.

- Full sun
- Moist, acidic, rich soils

Red Chokeberry is one of the best shrubs for brilliant fall color—intense, shiny, raspberry to crimson, with purplish highlights. Can also have some orange mixed in, especially in shady sites.

Baccharis halimifolia • High-tide Bush, Groundsel Tree





- Marsh wrens and other small birds frequently nest in the openly branched, brittle stems.
- A 6 12 ft. deciduous shrub bearing gray-green oval leaves. Numerous branches from short trunks are covered densely with branchlets. White to green flowers (Aug Oct) occur in small, dense, terminal clusters. Silvery, plume-like achenes resembling silvery paintbrushes appear in the fall on female plants.
- Full sun, part shade
- Wet to dry, sandy, loam soils

Baccharis is the ancient Greek name (the god Bacchus) of a plant with fragrant roots. One of the few eastern shrubs suitable for planting near the ocean.

ES Native Alternative to:

Elaeagnus umbellata (autumn olive)

Callicarpa americana ● American Beauty-berry



Seeds and berries are important foods for many species of birds. Valuable for edge landscapes, or as a screen in wet or wooded locations or under shade trees in a garden setting and requires little maintenance. A 3 - 6 ft. deciduous understory shrub with a loose and graceful arching form and small and pink flowers (Jun - Aug) in dense clusters at the bases of the leaves. In fall and early winter, branches are laden with magenta purple berry clusters (Sep - Mar) that look spectacular as the leaves drop in autumn. Useful as a screen in wet or wooded locations or under shade trees in a garden setting.

- Part shade
- Moist, rich, sandy and clay, acidic soils (cold and heat tolerant)

Genus name comes from Greek "Callicarpa" meaning beautiful fruit.



Cephalanthus occidentalis • Buttonbush, Button Willow









Ducks and other water birds and shorebirds consume the seeds and its nectar attracts bees and butterflies.

A 6 - 12 ft. spreading, multi-branched evergreen shrub or sometimes small tree with many branches (often crooked and leaning), irregular crown, balls of long-lasting (Jun - Sep), white or palepink flowers resembling pincushions, and button-like balls of fruit - rounded masses of nutlets that persist through the winter.

- Part shade, shade
- Wet, sandy and clay soils (poor drainage or standing water okay)

Pruning Buttonbush is usually not necessary, but may be done in early spring to shape. If plants become unmanageable, they may be cut back near to the ground in early spring to revitalize.

Hamamelis virginiana • Witch Hazel





Birds eat the fruits (small brown capsules). Has brilliant fall color and flowering.

ES Native Alternative to: Elaeagnus angustifolia (Russian olive)

This **10 - 15 ft.**, up to 30 ft., shrub is often multi-trunked. Its large, crooked, spreading branches form an irregular, open crown. The floral display of witch hazel is unique. Its fragrant, yellow **flowers** with strap-like, crumpled petals appear in the fall, persisting for some time after leaf drop (Sep - Dec). Lettucegreen, **deciduous leaves** maintain a rich consistency into fall when they turn brilliant gold. Bark is smooth and gray.

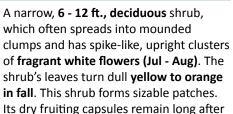
- Full sun, part shade, shade
- Moist, sandy, clay, acidic and calcareous soils

Commercial witch-hazel is an alcohol extract of witch-hazel bark.

Clethra alnifolia • Coastal White-alder, Pepperbush



Versatile, carefree shrub that is remarkably free of any disease, insect or physiological problems. Flowers attract butterflies and bees.



flowering and help identify this plant in

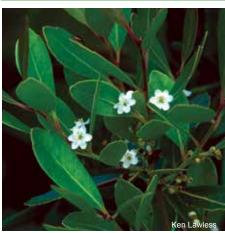
Full sun, part shade, shade

winter.

Wet to moist, acidic soils (salt-spray tolerant)

Coastal White-alder forms sizable patches. Promptly remove root suckers unless naturalized look is desired. Propagate by cuttings and prune if needed in late winter. Its dry fruiting capsules remain long after flowering and help identify this plant in winter.

Ilex glabra • Inkberry, Gallberry



Birds eat berries, and this plant is of special value to honey bees. Gallberry honey is a highly-rated honey. Pest free.

- A 6 12 ft. mound-shaped, colonyforming shrub. Lance-shaped, glossy, leathery leaves vary in color from darkto light-green both in summer and fall. Inconspicuous white flowers (May - Jul) are followed by **black berries** which persist well into winter.
- Part shade
- Wet, moist, sandy to peaty, acid soils (flood tolerant)

You must have both a male and female plant to have berries. The male must be the same species as the female and bloom at the same time.

ES Native Alternative to:

Ligustrum sinense (Chinese privet)



llex verticillata • Common Winterberry





Attracts birds and butterflies and other nectar consumming insects. Extremely showy in late fall and early winter when covered by bright red fruit.

A 3 - 10 ft. globular, upright, mediumsized shrub. Its leaves are not shaped with sharp teeth like other hollies and are not evergreen. The purplish-green foliage turns black, in fact, with the first frost. The inconspicuous flowers (Apr - Jul) are followed by dense clusters of bright red berries that remain on the branches throughout winter.

- Full sun, part shade, shade
- Moist, sandy, clay, acidic soils

The leaves of Common winterberry are not shaped with sharp teeth like other hollies and are not evergreen. Like Illex glabra, Illex verticillata are either male or female--a trait typical of the holly family.

llex vomitoria • Yaupon



Good late winter source of food for many bird species.





A 12 - 25 ft., upright, single- or multitrunked evergreen shrub. Female plants produce very large amounts of bright red berries. The leaves are small, dark-green, usually less than 1 1/2 in. Flowers are white (Apr - May). The pale gray bark is marked with white patches.

- Part shade
- Various sandy, clay and limestone soils (tolerates drought and poor drainage, best production of fruit with half day of sun or more)

Shiny green leaves and red berries are a favorite Christmas decoration.

Itea virginica • Virginia-willow, Virginia Sweetspire









- Full sun, part shade
- Moist, sandy, loam, clay, acid soils (blooms best, better fall color if it receives full sun at least part of the day; can grow in areas of poor drainage)

Virginia Sweetspire is a versatile shrub for sunny to shady areas and tolerates a wide range of soil conditions. Can grow in swamps and other areas of poor drainage.

Iva frutescens • Marsh-elder



A 2 - 10 ft. succulent, bushy-branched shrub, with opposite, pubescent, narrowly lance-shaped leaves. Greenishwhite flowers occur singly in upper leaf axils (Aug - Oct). Naturally grows in the mid to high salt marsh-estuarine area and back dunes, and commonly occurs with groundsel tree to form the salt bush community.

- Full sun
- Moist to wet, saline soils

Often confused with Baccharis halimifolia whose leaves are alternately arranged on the stem rather than oppositely arranged. Both species are in the aster family and can reach tree size.







Attracts birds, butterflies and other nectar

period of fall color often into early winter.

consumming insects. Provides a long

Phillip Merritt/John Clayton Chapter, VNPS





Larval host for the Eastern Tiger (Papilio glaucus) and Spicebush (Papilio troilus) swallowtail butterflies. Fruits are a special favorite of wood thrushes. Deer avoid it.

ES Native Alternative to:

Elaeagnus angustifolia (Russian olive) Ligustrum sinense (Chinese privet)

A 6 - 16 ft., single- or few-stemmed, fastgrowing, deciduous shrub, with glossy leaves and graceful, slender, light green branches. Dense clusters of tiny, pale **yellow flowers** bloom in **April** before the leaves form globose (spherical) buds along the twigs. Flowers occur in umbel-like clusters and are followed by glossy red fruit **(Sept-Oct)**. Fruit and foliage are aromatic. Leaves turn a golden-yellow in fall with some sun.

- Full sun, part shade, shade
- Moist, sandy, well-drained soils (better form, more berries with sun)

Northern Spicebush is a fast-growing shrub for moist, shady places. This species has separate male and female plants.

Morella cerifera • Wax Myrtle, Southern Bayberry





Attracts birds and butterflies. Fallen leaves are larval host of the Red-Banded Hairstreak butterfly (Calycopis cecrops). Popular ornamental used for screens and hedges.

A wispy, 6 - 15 ft., multi-trunked, evergreen shrub that can reach 20 ft. in height. Light olive-green foliage has spicy fragrance. Flowers in March and April. Pale blue berries occur on female plants in winter. Handsome gray bark is almost white on some plants.

- Full sun, part shade
- Wet, sandy, slightly acidic soils (fast-growing, tolerates poor drainage and drought)

Leaves are aromatic, with an appealing, piquant fragrance when crushed. If you want berries you must have male plants close enough to the berry-producing female plants for pollination to occur.

ES Native Alternative to:

Ligustrum sinense (Chinese privet) Melia azedarach (Chinaberrytree)

Persea palustris • Swamp Bay or Red Bay









A larval host plant for Palamedes swallowtail (Papilio palamedes) and Spicebush swallowtail (Papilio troilus) butterflies.

A 15 - 25 ft. evergreen shrub with a round-topped to cylindrical crown, 6-18 in. trunk (often leaning), reddish-brown bark, and lance-shaped leaves - dark green on the top and pale green and pubescent (hairy) on the underside. Small, **light yellow-green flowers** occur in small, clusters in leaf axils (springearly summer). Oblong dark blue fruit mature in early fall.

- Full sun
- Seasonally wet, moderately welldrained to poorly-drained organic soils (low salt tolerance)

Leaves have an aroma like that of European true laurel (Laurus nobilis), and can be used for similar purposes.

Rhododendron atlanticum Dwarf Azalea



Attractive ornamental. Fruit attracts birds.

A 1-3 ft. colony-forming shrub, sending up short-lived flowering branches, high. White to pinkish, funnel-shaped flowers with protruding stamens occur in longstalked clusters before or with the leaves in April to May. Leaves are distinctly blue-green.

- Part shade
- Well-drained, sandy soil

Special note about Rhododendrons: These species contain poisonous substances and should not be ingested by humans or animals.



Rhododendron viscosum • Swamp Azalea or Honeysuckle 💥 🕦







Beautifully flowered ornamental.

A 5 - 10 ft., loose, open, deciduous shrub growing to 12 ft. in width. One of the last azaleas to bloom. White flowers with a pleasantly sweet, spicy fragrance and a long, slender lavender-colored corolla tube, appear after the leaves in May - August. Fall foliage is orange to maroon.

- Sun to part shade
- Wet, acidic soil (flood tolerant)

The fragrant flowers with their sticky corolla have given this shrub the names Clammy azalea and Swamp honeysuckle, although it is unrelated to honeysuckles. Viscosum means sticky in Latin.

Rosa palustris • Swamp Rose



Beautiful ornamental. Flowers provide nectar for bees and butterflies. Rose hips are eaten by birds.

A 6 - 8 ft. upright shrub with numerous, bushy-branched, thorny stems and darkgreen foliage. Produces showy, but shortlived, dark rose-pink flowers in Jun - Aug,

which give way to smooth, red hips (fruit).

- Full sun, part shade, shade
- Wet, moist, rich soils (salt tolerant and perfect for poorlydrained sites)

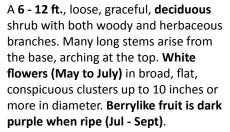
Swamp Rose os a good selection for wet soils, flowers are followed by pea-sized red hips and leaves turn shades of red in fall. Member of the family Rosaceae which includes about 2,000 species of trees, shrubs, and herbs worldwide, including service-berries (Amelanchier), in addition to the many wild and cultivated types of roses. "Palustris" is Latin for "of marshes."

Sambucus canadensis ● Common Elderberry ※ ○ ○ ○ ○ ○ ○









- Part shade
- Tolerates a wide variety of wet to dry soils but prefers rich, moist, slightly acid soil.

Prune heavily in winter to maintain thick form. Individual plants are very shortlived, however root masses produce new shoots. The genus name comes from Greek "sambuce", an ancient musical instrument.

Stewartia malacodendron • Silky Camellia





Beautifully flowered ornamental. **ES Native Alternative to:** Hibiscus syriacus (rose of Sharon) Up to 10 ft., open-branched, deciduous shrub. Leaves are silky below and distinctly veined. Flowers (Apr - Jun) are white to cream-colored, 2–3 in. across, and saucer-shaped with crimped petals and numerous, conspicuous dark-purple stamen filaments and bluish anthers.

- Shade
- Acid, humus-rich, well-drained soils (prefers deep shade during heat of day, thrives on early morning sun)

Genus honors John Stuart (1713-92), the Earl of Bute, a patron of botany. "Malacodendron" is Greek for soft tree, referring to the silky hairs on lower leaf surface.

Birds attracted to the purple-black fruit and spread the seeds. Provides a nesting structure for bees. Provides effective erosion control on moist sites.

Native Plants of Accomack and Northampton

Vaccinium corymbosum ● Highbush Blueberry 💥 💥 🔆 🍪 🐧 🚫





Berries are relished by many birds and songbirds, including the Scarlet Tanager.

A 6 - 12 ft. deciduous shrub with numerous upright stems and twiggy branches forming a rounded, compact outline. Reddish-green spring leaves turn blue-green in summer and red, yellow, orange and purple in fall. White or pink, bell-shaped flowers in drooping clusters (Apr - Jun) are followed by edible, blue fruit.

- Full sun, part shade, shade
- Wet to dry, acid, rocky soils to organic peats (benefits from mulch; prune after fruiting)

Vaccinium pallidum • Early Lowbush Blueberry 💥 💥 🔖 🐧 🔪



Sweet berries have a high wildlife value, as do flowers and leaves. This shrub is of special value to native bees.

A 1.5 - 2 ft. shrub with green bark, light to dark brown twigs, alternate, elliptic leaves dark green above, paler beneath. Greenwhite to pink flowers (March to May). Berries are dark blue to black and mature June to July.

- Full sun, part shade, shade
- Moist or dry, loam, sandy soils

Blueberries prefer acidic soils with sandy or rocky material.

Viburnum dentatum ● Arrow-wood





Flood, insect and disease tolerant. Attracts Eastern bluebird, Northern flicker, Gray catbird, and American robin. Larval host for Spring Azure butterfly (Celastrina ladon).

A 6 - 15 ft. deciduous shrub, sometimes taller, with multiple, erect-arching stems in a loose, round habit. White, flattopped flower clusters in May - Jul are followed by dark blue berries. Lustrous, dark-green foliage turns vellow to winered in fall.

- Full sun, part shade, shade
- Dry to wet, acidic soils and sands

Most soil-adaptable of the viburnums. Native Americans used the straight stems of Arrow-wood for arrow shafts.

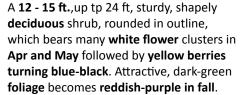
ES Native Alternative to:

Elaeagnus angustifolia (Russian olive)

Viburnum prunifolium • Black Haw



Fruit is eaten by songbirds. This shrub is of special value to native bees and is durable and pest free.



- Part shade
- Moist to dry, well-drained soils (for best flowers and fruit, be sure blackhaw gets 4-5 hrs of sun/day)

The Latin "prunifolium" refers to the leaves' plum-color in fall. For best flowers and fruit, give black haw at least one-half day of sunlight.

ES Native Alternative to:

Ligustrum sinense (Chinese privet)





Amelanchier arborea Downy Serviceberry, Shadbush





At least 40 bird species (e.g. Cardinals, Cedar Waxwing and Towhees) eat the fruit of Amelanchier species. It is beneficial to native bees.

A 15 - 30 ft with multiple, upright stems forming a dense shrub with a narrow crown and many small-diameter branches or, if properly pruned, a small tree. Trees can be trained to have, and are offered by nurseries, with one trunk. Ornamental white flowers (Mar - May) followed by red to purple fruit (Jun - Aug). Fruits are quickly eaten by birds. Brilliant fall color display ranging from yellow and orange to red.

- Full sun, part shade
- Moist, well-drained acidic soils

Serviceberry is good for multi-season interest and smaller gardens.

Betula nigra • River Birch





Nutlets attract songbirds, game birds, and it is a host plant for 400 species of butterflies, including the Morning Cloak Butterfly (*Nymphalis antiopa*). Useful for erosion control.

This **30 - 75 ft** gracefully branched tree, usually multi-trunked tree can reach 90 ft. It is an often slightly leaning and forked tree with irregular, spreading crown of several large, ascending limbs supporting slightly weeping branches. Produces a **cone fruit**. The tree's selling point is its **satiny, silver bark that peels to reveal a cinnamon-brown trunk** beneath. **Fall foliage is yellow**.

- Sun to part shade
- Sandy or clay, moist, acidic soils (well-suited to areas that are periodically wet)

River Birch may grow with multiple trunks, adding interest in the garden. It is fast growing and long-lived.

Celtis occidentalis • Common Hackberry



Hackberries are among the best food and shelter plants for wildlife. The sweetish fruit is relished by birds, including woodpeckers and the Cedar Waxwing. A 30 - 100 ft deciduous tree, varying greatly in response to habitat. The broad crown is often erratic in shape with spreading or slightly drooping branches, often deformed as bushy growths called witches'-brooms. Older bark is covered with conspicuous, corky projections. Foliage is dull-green and rough. Orangebrown to dark-purple berries are arranged in clusters.

- Full sun, part shade, shade
- Rich, moist soils. pH adaptable (drought tolerant)

Common name apparently derived from hagberry, meaning marsh berry, a name used in Scotland for a cherry.

Cercis canadensis • Eastern Redbud



Stunning ornamental. Attracts native bees, and tolerates deer browsing.

A 15 - 40 ft deciduous tree with one to several picturesque, maroon-purple trunks and a wide, umbrella-like crown. Its pink flowers (Apr - May), borne in tight clusters along the stems and branches before new leaves appear, create a showy spring display. Smooth, heart-shaped, deciduous foliage is golden yellow in autumn.

- Part shade, shade
- Moist, fertile, well-drained soils

ES Native Alternative to:

Ailanthus altissima (tree of heaven)



Trees

Chionanthus virginicus • White Fringetree





Hosts 8 species of native caterpillars and attracts bees, native bees, bumblebees and butterflies. It tolerates pollution.

A 15 - 35 ft deciduous tree with short trunk, narrow, oblong crown and showy, drooping clusters of delicate, fragrant, white blossoms in May - Jun. Dark-blue, grape-like clusters of fruits are produced from female blossoms. Dark-green, glossy foliage and a pale-gray trunk with bands of white.

- Sun to part sun/shade
- Loose, moist, sandy soils

Fringetree is one of the last trees to bear new leaves in spring. It is a slow grower. The genus name "Chionanthus", meaning snow and flower, describes the blossoms.

Cornus amomum • Red Willow, Silky Dogwood





Attracts birds and is a beautiful ornamental that can help stabilize soil and provide a wildlife border.

A 6 - 10 ft small tree or a multi-stemmed shrub with an upright rounded growth habit however, where stems are in contact with the ground, roots are formed. This behavior creates thickets. Young dogwoods have bright red stems in the fall, winter and early spring, which turn reddish-brown in the summer. As the shrub matures, the stems turn reddish-brown year-round and later gray. Yellowish-white flowers (Mar - Apr) and bluish colored fruit (Sept).

- Part shade, shade
- Moist, clay, loam, sandy soils

Diospyros virginiana • Common Persimmon 🕦 🦳 💳 🔀





Attracts wildlife and is larval host to the Luna Moth (Actias luna). This tree can be used for erosion control. Usually free of disease or insect problems.

ES Native Alternative to: Ailanthus altissima (tree of heaven) This deciduous tree can grow 50 up to 100 ft in moist, rich soil and has a spreading crown and pendulous branches. Bell-shaped, yellow flowers (Apr - Jun). Large, oval, mature leaves usually become yellow-green in fall. On old trunks the bark is thick and dark-gray to almost black and broken into scaly, squarish blocks. Best-known by its large, sweet, orange fruit in autumn.

- Part shade
- Moist, rich, sandy, loam or clay, acidic or calcareous soils

The word Persimmon is of Algonquian origin. "Diospyros" means "fruit of the god Zeus." Two trees are necessary for the production of fruit. Fruit is not edible until exposed to frost or consistent low temperatures.

llex opaca • American Holly, Christmas Holly





Many kinds of songbirds eat the bitter berries of this slow-growing but longlived tree.

This evergreen tree ranges from 25 ft to as tall as 60 ft. Its stout, stiff branches form a pyramidal shape and bear darkgreen, non-glossy, spine-tipped leaves. New growth pushes off the old leaves in spring. Bright red berries occur on female plants. Shorter, multi-trunked form may grow in lower-light situations. The bark is a light-gray color.

- Part shade
- Moist, well-drained, sandy, acidic soils

A popular Christmas decoration, the wood also is especially suited for inlays in cabinetwork, handles, carvings, and rulers, and can be dyed various shades, even black.



Juniperus virginiana • Eastern Redcedar 🔅 🗱 🐧 🥌 🔀





Juicy berries consumed by wildlife, including the Cedar waxwing (Bombycilla cedrorum), named for this tree.

A 30 - 40 ft (can reach 90 ft) evergreen. **aromatic** tree with trunk often angled and buttressed at base. Pyramidal when young, mature form is quite variable. **Fragrant**, scale-like **foliage** can be coarse or fine-cut, and varies in color from gray, blue-, to dark-green. All colors tend to brown in winter. Pale blue fruits occur on female plants. Soft, silvery bark covers the single trunk.

- Full sun, part shade, shade
- Dry, limestone soils (adaptable)

Resistant to extremes of drought, heat, and cold. The heartwood was once almost exclusively the source of wood for pencils.

Liriodendron tulipifera • Tuliptree, Tulip Poplar 💥 💥 🌯 🚗 🔀 📈



Insect and disease free. Favorite nesting tree, flowers attract hummingbirds and larval host to the Eastern tiger swallowtail (Papilio glaucus). One of the most beautiful hardwood forest trees.

One of the tallest - up to 150 ft deciduous eastern hardwoods, with a long, straight trunk; a narrow crown that spreads with age; large showy, velloworange, flowers resembling tulips or lilies (Apr - Jun); and, distinctive, waxy, starshaped foliage that turns bright gold in fall. Flowers are up 50 ft or higher. Coneshaped seedheads remain after leaves have fallen.

- Full sun, part shade, shade
- Rich, moist acidic soils

Pioneers hollowed out a single log of the Tuliptree to make a long, lightweight canoe. Member of the magnolia family.

Magnolia virginiana • Sweetbay Magnolia 🗱 💖 🗽 🛌 🔀





Attractive, aromatic, showy ornamental. Seeds are a good source of food for birds in fall. It is the larval host of the Sweetbay Silkmoth (Callosamia securifera).

A slender, 12 - 30 ft (occasionally growing to 50 ft) evergreen tree with pale grey bark and multiple, slender, upright trunks bearing horizontal branches. Aromatic, spicy foliage semievergreen to evergreen and dark green in the South. Solitary, velvety-white, fragrant flowers (May - Jul) followed by dark red aggregate fruits exposing bright red seeds.

- Part shade
- Moist, rich, sandy, loam, acidic soils

Sweetbay Magnolia was introduced into European gardens as early as 1688. Called "Beavertree" by colonists who caught beavers in traps baited with the fleshy roots.

Nyssa sylvatica • Blackgum



Nectar used by bees to make highly-prized tupelo honey. Juicy fruit is cons umed by many birds and mammals. Hosts 25 species of native caterpillars.



A 30 - 75 ft variable-shaped, deciduous tree with horizontally spreading branches. A bottle-shaped trunk forms if grown in shallow standing water. Smooth, waxy, dark-green summer foliage changes to fluorescent yellow, orange, scarlet and purple in fall. (Trees in warmer climates may not be as colorful.) Berries are small and blue.

- Full sun, part shade, shade
- Various moist, acidic, gravelly soils (species tolerates drier sites and tolerates poor drainage)

Handsome ornamental and shade tree. Blackgum is one of the first plants to color in fall.



Trees

* 6 ~ ***** *

Prunus serotina • Black Cherry





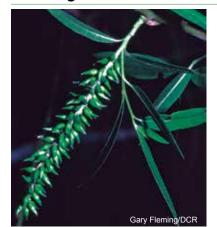
Wildlife eat the fruit. Larval host to many moths and butterflies, including the Eastern Tiger Swallowtail Butterfly (Papilio glaucus). Fruit is relished by birds. All other parts are are poisonous.

A 40 - 75 ft deciduous tree, distinctly conical in youth. When open-grown it becomes oval-headed with spreading, pendulous limbs and arching branches. Crowded trees grow tall and slender. Oblong leaves shiny on the upper surface. Drooping white flowers (May-Jun) appear after leaves emerge. Dark red fruit changes to black from Aug-Oct. Crushed foliage and bark have distinctive cherrylike odor and bitter taste. Fall foliage is yellow.

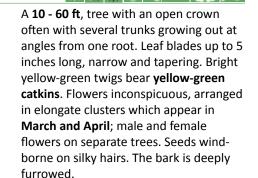
- Full sun, part shade, shade
- Moist to dry, well-drained soils

Largest, most important native cherry, known for the beauty and quality of its wood. Easy to grow. When crushed, leaves and bark have a cherry-like odor.

Salix nigra • Black Willow



Shade tree. Early season harvest for songbirds. A larval host for the Eastern tiger swallowtail (Papilio glaucus).



- Full sun, part shade, shade
- Wet, moist, clay or sandy soils (fast-growing but short-lived)

ES Native Alternative to: Salix sepulcralis (Weeping willow)



Provides shade and a nesting site for birds.

Quercus falcata • Southern Red Oak



- Part shade
- Dry, sandy, loamy or clay acid-based

Southern Red Oak grows relatively quickly, for an oak, and it is long-lived. It is often called Spanish Oak, possibly because it commonly occurs in areas of the early Spanish colonies, yet it is unlike any oaks native to Spain.

Sassafras albidum • Sassafras



Flowers attract native bees, pollinators. Fruit attracts songbirds. Hosts 36 species of native caterpillars, including Spicebush Swallowtail (Papilio Troilus) and Promethea Silkmoth (Callosamia promethean).

- A 35 50 ft deciduous tree with horizontal branching in cloud-like tiers. Mahoganybrown bark deeply ridged and furrowed. Little bunches of **yellow-green flower** balls (Mar-May) scattered profusely over the female tree; more sparsely on the male. **Dark-blue fruits** on scarlet stalks appear on female plants in late summer. Brightgreen, mitten-shaped, oval, or three-lobed leaves have outstanding fall color.
- Full sun, part shade, shade
- Moist but well-drained, rich, sandy, aidic soils

Although Sassafras grows most quickly in fertile soil, it is an appropriate tree to introduce into disturbed sites.



Get a closer look at the natives featured in this guide!





Plant ID markers in the demo gardens identify each native plant species by Latin and common name, and provide a line drawing, description, and characteristics of the plant, its growing requirements, and interesting facts and history.



1. Chincoteague Island Nature Trail Shady Landscape





The landscaping of this demonstration site was kept as natural as possible and includes Eastern Shore natives that do well in shady moist conditions. The plants were covered with pinestraw and blend beautifully into the existing native vegetation.

Designed by Kim Owen, a local landscaper, this site was funded by the Virginia CZM Program and is being maintained by Eastern Shore Master Gardeners.



Top - Royal Fern. Bottom - Cinnamon Fern.

Chincoteague National Willdife Refuge Bird and Butterfly Gardens







This sites includes two demonstration gardens, one with species that attract butterflies and another that demonstrates how to create backvard bird habitat by providing food (native plants & bird feeders), water and cover (native plants & brush pile). The Visitor Center installed an interpretive display inside the center in front of a very large window that overlooks the garden. Parachute cord hangs in front of the window to prevent birds from striking the window and hurting themselves (photo at left). The display area includes binoculars, bird books, a wildlife sighting recording binder, and outreach material on how to create a backyard wildlife habitat, along with chairs so that visitors can sit back and relax as they gaze out on the garden. The project was a cooperative effort among the Chincoteague National Wildlife Refuge, Master Gardeners and Master Naturalists with many volunteers from each organization.

Top - view of bird garden from inside visitor center. Middle - Black Cherry. Bottom - American Holly.

ES native plants of note at the site include:

Amelanchier arborea – Downy Serviceberry

Clethera alnifolia – Coastal White-alder, Pepperbush

Osmunda cinnamomea – Cinnamon Fern

Osmunda regalis – Royal Fern

Polystichum acrostichoides – Christmas Fern

ES native plants of note at the site include:

Juniperus virginiana – Eastern Redcedar Ilex opaca – American Holly Morella Pensylvanica – Northern Bayberry Prunas serotina – Black Cherry Solidago sempervirens – Seaside Goldenrod

3. Onancock School Nature Trail





Tulip Tree.

This native landscape is along a trail and branch of Onancock Creek at the Onancock School. The first major planting in 2010 was funded by a Chesapeake Bay License Plate grant. Many local groups and businesses partnered in installation of the site including: Friends of Onancock School, T & W Block, Tidewater Growers, B.S. Troop 313, Garden Club of the Eastern Shore and S & T Construction. In the fall of 2013, a riparian buffer of native trees was installed through a grant from the Chesapeake Bay Foundation and a raingarden will be installed with natives donated by Debedeavon Garden Club.

ES native plants of note at the site include:

Acer Rubrum – Red Maple
Fagus Grandifolia – American Beech
Liriodendron Tulipifera – Tuliptree
Nyssa Sylvatica – Blackgum
Platanus occidentalis – Sycamore

4. Onley Community Health Center Healing Garden





Arrowwood.

This garden highlights the therapeutic power of Eastern Shore native plants, and was installed in 2011 as part of a sustainable landscape. Signage will highlight the link between healthy landscapes and healthy people. Installation of this site was a partnership between the Eastern Shore Rural Health System, Eastern Shore Soil and Water Conservation District, Alliance for the Chesapeake Bay, Virginia Coastal Zone

Management Program, Virginia Department of Conservation and Recreation and the Eastern Shore Resource Conservation and Development Council.

ES native plants of note at the site include:

Asclepias tuberosa – Butterflyweed
Baccharis halimifolia – Groundsel Tree
Eupatorium fistulosum – Joe-pye weed
Itea virginica – Virginia Sweetspire
Viburnum dentatum – Arrowwood

5. Wachapreague Seaside Park Seaside Garden







Left - Eastern Rosemallow. Right - Seaside Goldenrod.

This approximately 12,000 sq ft garden is located within Seaside Park at the edge of an Atlantic coastal marsh in the heart of Wachapreague. It showcases a diverse array of Eastern Shore native plants that are especially tolerant of salt

water intrusion. The garden is a living testimony to the resilence of native plants having been flooded twice since installation! This site, maintained by the town, was funded by the Virginia CZM Program and designed and installed by Kim Owen, a local landscape designer. The town has installed benches, donated by citizens in dedication to loved ones, and is considering the addition of a pergola for native vines and interpretive signage to highlight native plant benefits.

ES native plants of note at the site include:

Baccharis halimifolia - High-tide Bush (Groundsel Tree)
Hibiscus moscheutos - Eastern Rosemallow
Morella cerifera - Wax Myrtle
Platanus occidentalis - Sycamore
Solidago sempervirens - Seaside Goldenrod

6. Willis Wharf Shoreline Landscaping





Coral Honeysuckle.

The Eastern Shore natives planted at this demonstration site can tolerate bright sun and salt spray. The site was designed by Appleseed Nurseries, Inc, a local landscaper, and installed with assistance from Eastern Shore Master Naturalists. The observation platform and native landscaping, funded by the Virginia CZM Program, served as a backdrop for the launch of the "Plant ES Natives" campaign on April 24, 2009.

ES native plants of note at the site include:

Diospyros virginiana – Common Persimmon Juniperus virginiana – Eastern Redcedar sempervirens – Coral or Trumpet Honeysuckle Morella pennsylvanica – Northern Bayberry Panicum virgatum – Switch Grass

Plant &S Natives Demonstration Gardens

7. Anheuser Busch Coastal Research Center Maritime Forest Landscaping and Butterfly Garden







This site highlights Eastern Shore native plants that can tolerate sandy soils, low level salt spray and bright sun to partial shade. Plants were chosen to provide year-round food sources to a wide variety of birds, butterflies and small animals. The initial emphasis of this ongoing planting project is on overstory species. The site was installed and is being maintained by staff of the University of Virginia Anheuser Busch Coastal Research Center.

Top left - Beautyberry. Bottom left - Redbud.

ES native plants of note at the site include:

Callicarpa Americana – Beautyberry
Cercis Canadensis – Redbud
Parthenocissus quinquefolia – Virginia Creeper
Quercus stellata – Post Oak
Sassafras albidum – Sassafras

8. Kiptopeke State Park Habitat Garden







Left - Crossvine. Right - Atlantic Wisteria.

Eastern Shore Master Gardeners designed and installed this garden in Kiptopke State Park on the 26-acre CZM/ Taylor Tract. Over 900 native forbs, shrubs, vines and small trees (17 species) were planted along the garden's walkway as part of a Virginia CZM Program grant to the park to restore

habitat on the property and provide public access amenities. Native vines cling to a pergola arching over a bench in the garden inviting vistors to relax and enjoy the garden and a view of a pond. Signage highlights the value of natives. Master Gardeners work with Park staff to maintain the garden.

ES native plants of note at the site include:

Amelanchier arborea – Downy Serviceberry
Bignonia capreolata – Crossvine
Coreopsis lanceolata – Lanceleaf Coreopsis
Sisyrinchium angustifolium – Blue-eyed grass
Wisteria frutescens – Atlantic wisteria

Plant &S Natives Demonstration Gardens

9. Eastern Shore of Virginia National Wildlife Refuge Pollinator Gardens







A wide variety of Virginia native plants attract pollinators to three gardens at the Refuge, installed in partnership with Refuge volunteers, the Coastal Virginia Wildlife Observatory, Eastern Shore SWCD, The Nature Conservancy, Virginia CZM Program, Virginia Field Office Partners for Fish and Wildlife, and Youth Conservation Corps - front of visitor center (top image), next to office (bottom left) and behind visitor center (bottom right). Bring your camera and binoculars, and surround yourself with the gardens' many floral colors and smells as you stroll along pathways in and around the gardens.

ES native plants of note at the site include:

Asclepias tuberosa – Butterfly-weed
Asimina triloba – Pawpaw
Helianthus angustifolius – Narrow-leaved Sunflower
Lobelia cardinalis – Cardinal Flower
Monarda fistulosa - Bergamot

Thank
you
Demo
Garden
Volunteers
and
Visitors!













Downy Serviceberry is the symbol of the "Plant ES Natives" campaign and featured in the campaign logo. It attracts over 40 species of bird. See page 28.



Additional Print and On-Line Resources

About Native Plants *

Online:

Digital Atlas of the Virginia Flora

http://vaplantatlas.org/

Field Guide to Virginia Salt and Brackish Marsh Plants, William & Mary Virginia Institute of Marine Science

www.ccrm.vims.edu/wetlands/wetland_plants/8x11brochureannotated2rh.pdf

Flora of Virginia Project

http://www.floraofvirginia.org

Flora of North America

www.fna.org/

Virginia Native Plant Society

www.vnps.org/

Lady Bird Johnson Wildflower Center of the University of Texas at Austin

www.wildflower.org/

Native Plant Center: Chesapeake Bay Watershed Native Plants for Wildlife and Habitat Conservation (U.S. Fish and Wildlife Service) http://nativeplantcenter.net/

Native Plants for Conservation, Restoration and Landscaping, VA Dept. of Conservation and Recreation, Natural Heritage

www.dcr.virginia.gov/natural_heritage/nativeplants.shtml

Native Gardening with Wildflowers, U. S. Forest Service

www.fs.fed.us/wildflowers/Native Plant_Materials/Native_Gardening/index.shtml

USDA Plants Database

http://plants.usda.gov/

Print:

The American Woodland Garden, Rick Darke, 2002

Common Native Trees of Virginia and Common Native Shrubs and Woody Vines of Virginia,

Virginia Department of Forestry www.dof.virginia.gov



Flora of Virginia

For a of Virginia

for Virginia

Ferns and Mosses of Virginia's Coastal Plain, Helen Hamilton, 2016

Flora of Virginia, Alan S. Weakley, J. Christopher Ludwig & John E. Townsend. 2012

Manual of Woody Landscape Plants, Michael A. Dirr, 2009

Native Ferns, Mosses, and Grasses, William Cullina, 2008

Native Trees, Shrubs, & Vines: A Guide to Using, Growing, and Propagating North American Woody Plants, William Cullina, New England Wild Flower Society, Houghton Mifflin, 2002

Native Plants for Wildlife Habitat and Conservation
Landscaping, US Fish and Wildlife Service (also available online), 2003

Teaming with Microbes, Jeff Lowenfels and Wayne Lewis, 2010

The New England Wild Flower Society Guide to Growing and Propagating Wildflowers of the United States and Canada, William Cullina, 2000

Wildflowers and Grasses of Virginia's Coastal Plain, Helen Hamilton and Gustavus Hall, 2013

About Landscaping with Natives *

Online:

Audubon Guide to a Healthy Yard and Beyond www.audubon.org/bird/pesticide.html

Backyard Habitat, National Wildlife Federation *www.nwf.org/ln-Your-Backyard.aspx*

Better Backyard–A Citizen's Resource Guide to Beneficial Landscaping and Habitat Restoration in the Chesapeake Bay Chesapeake Bay Program, (61-page downloadable booklet) www.chesapeakebay.net/content/publications/cbp_12259.pdf

al Bay

Conservation Landscaping Guidelines-The Eight Essential Elements, Chesapeake Conservation Landscaping Council (33-pg downloadable booklet) www.chesapeakelandscape.org

Habitat at Home (basic overview), Virginia Department of Game and Inland Fisheries

https://www.dgif.virginia.gov/wp-content/uploads/habitat-at-home.pdf

* Please cross-reference the plants referenced in these resources with this guide and the Digital Atlas of the Virginia Flora to determine whether they are native to Accomack and Northampton counties.



HABITAT AT HOME

Additional Print and On-Line Resources

Habitat Gardening for Wildlife (34 pg guide), Virginia Department of Game and Inland Fisheries

https://www.dgif.virginia.gov/wp-content/uploads/habitat-gardening.pdf

Hometown Habitat (film), by Catherine Zimmerman in partership with Chesapeake Bay Landscaping Council http://themeadowproject.com/hometown-habitat/

Living Shoreline Design

http://ccrm.vims.edu/livingshorelines/index.html (go to "Plants and Vendors")

Audubon Plants for Birds Campaign

www.audubon.org/plantsforbirds

Pollinator Partnership

www.pollinator.org/

Pollinators, U.S. Fish & Wildlife Service www.fws.gov/pollinators/Index.html

U.S.D.A. Forest Service: Pollinators www.fs.fed.us/wildflowers/pollinators

Wild Ones Handbook Online-Landscaping with Native Plants

U. S. Environmental Protection Agency www.epa.gov/greenacres/wildones

WINGS: Essays on Invertebrate Conservation, Xerces Society www.xerces.org/wings-magazine/

Planning to hire a landscaper?



Find out more about this new certification program at *cblpro.org*.

Print:

Armitage's Native Plants for North American Gardens, 2006, Allan M. Armitage

Attracting Birds, Butterflies & Other Winged Wonders to Your Backyard, Kris Wetherbee, 2004

Attracting Butterflies & Hummingbirds to Your Backyard, Sally Roth, 2001

Bee Basics: An introduction to Our Native Bees, Beatriz Moissett and Stephen Buchmann, A USDA Forest Service and Pollinator Partnership Publication, 2011

Virginia Native Plant Marketing Partnership

Learn more about how partners in Virginia are collaborating to market and increase the supply and use of Virginia native plants - www.deq.virginia.gov/Programs/CoastalZoneManagement/CZMIssuesInitiatives/NativePlants.aspx

Birdscaping Your Garden: A Practical Guide to Backyard Birds and the Plants That Attract Them, 1994, George Adams

Bringing Nature Home: How You Can Sustain Wildlife with Native Plants, Douglas W. Tallamy, 2009 (updated and expanded)

http://bringingnaturehome.net/nativegardening/gardening-for-life

Chesapeake Gardening & Landscaping: The Essential Green Guide, Barbara W. Ellis, University of North Carolina Press, 2015

Kaufman Focus Guides, Butterflies of North America, Jim P. Brock and Kenn Kaufman, 2003

Insects and Gardens: In Pursuit of a Garden Ecology, Eric Grissell, 2001

National Wildlife Federation: Attracting Birds, Butterflies & Other Backyard Wildlife, 2004, David Mizejewski

Planting in a Post-Wild World: Designing Plant Communities for Resilient Landscapes, Thomas Rainer & Claudia West

Pollinator Conservation Handbook, The Xerces Society, 2003

Pollinators of Native Plants, Heather Holm, Pollination Press LLC, 2014

The Forgotten Pollinators, Stephen L. Buchmann and Gary Paul Nabhan, 1997

The Xerces Society Guide to Attracting Native Pollinators, Eric Mader, et al., 2011

The Life Cycles of Butterflies: From Egg to Maturity, a Visual Guide of 23 Common Garden Butterflies, 2007, Judy Burris

The Living Landscape: Designing for Beauty and Biodiversity in the Home Garden, Rick Darke and Doug Tallamy, 2014



Bringing

Nature

Home

Sustain Wildlife

with Native Plants

Douglas W. Tallamy



The Right Plants in the Right Place

Shade Tolerant Species:



Forbs Chelone glabra - White Tturtlehead (p.11)

Mitchella repens - Partridge-berry (p.13) *Saururus cernuus -* Lizard's Tail (p.15)

Ferns Athyrium asplenoides - Southern Lady Fern (p.18)

Dryopteris intermedia - Evergreen Wood Fern (p.18)

Onoclea sensibilis - Sensitive Fern (p.18) **Osmunda spectabilis -** Royal Fern (p.19)

Osmundastrum cinnamomeum - Cinnamon Fern (p.18) Polystichum acrostichoides - Christmas Fern (p.19) Woodwardia virginica - Virginia Chain Fern (p.19)

Vines Clematis virginiana -Virgin's-bower (p.20)

Parthenocissus quinquefolia - Virginia Creeper (p.21) **Wisteria frutescens -** American Wisteria (p.21)

Shrubs Alnus serrulata - Smooth Alder (p.22)

Clethra alnifolia - Coastal White-alder, (Pepperbush) (p.23)

Hamamelis virginiana - Witch Hazel (p.23) Ilex verticillata - Winterberry (p.24) Lindera benzoin - Spicebush (p.25)

Sambucus canadensis - Common Elderberry (p.26) **Stewartia malacodendron -** Silky Camelia (p.26) **Vaccinium corymbosum -** Highbush Blueberry (p.27) **Vaccinium pallidum -** Early Lowbush Blueberry (p.27)

Viburnum dentatum - Arrow-wood (p.27)

Trees Celtis occidentalis - Common Hackberry (p.28)

Cercis canadensis - Redbud (p.28)
Cornus amomum - Silky Dogwood (p.29)
Liriodendron tulipifera - Tulip-tree (p.30)
Nyssa sylvatica - Black Gum (p.30)
Prunus serotina - Wild Black Cherry (p.31)
Sassafras albidum - Sassafras (p.31)

High Moisture Tolerant Species (Freshwater):



Forbs Asclepias incarnata - Swamp milkweed (p.10)

Arisaema triphyllum - Jack in the pulpit **Chelone glabra -** White Turtlehead (p.11)

Hibiscus moscheutos - Swamp rose-mallow (p.12)

Impatiens capensis - Orange jewelweed Iris versicolor - Larger Blue Flag (p.12)
Iris virginica - Virginia Blue Flag

Lobelia cardinalis - Cardinal flower (p. 13) Nymphaea odorata - White water lily Pontederia cordata - Pickerelweed (p.14)

Grasses Juncus effusus - Common Rush (p.17)

Spartina cynosuroides - Big Cordgrass **Zizania aquatica -** Southern Wild Rice

Shrubs Alnus serrulata - Smooth Alder (p.22)

Cephalanthus occidentalis - Buttonbush (p. 23)

Clethra alnifolia - Coastal White-alder, Pepperbush (p.23) **Rhododendron viscosum -** Swamp Azalea (p. 26)

Rosa palustris - Swamp Rose (p. 26)

Trees Betula nigra - River Birch (p. 28)

Salix nigra - Black Willow (p. 31)

Acer rubrum - Red Maple

Magnolia virginiana - Sweetbay Magnolia (p. 30)

Nyssa aquatica - Water Tupelo Nyssa sylvatica - Black Gum (p. 30) Quercus michauxii - Swamp Chestnut Oak

Taxodium distichum - Baldcvpress

The Right Plants in the Right Place

Sand Tolerant Species:



Forbs Baptisia tinctoria - Yellow Wild Indigo (p.10)

Oenothera fruticosa - Narrow-leaf Sundrops (p.14) Solidago sempervirens - Seaside Goldenrod (p.15)

Grasses Ammophila breviligulata - American Beach Grass (p.16)

Andropogon glomeratus - Bushy Bluestem (p.16)
Andropogon virginicus - Broomsedge (p.16)
Panicum amarum - Coastal panic grass (p.17)
Panicum virgatum - Switchgrass (p.17)

Schizachyrium scoparium - Little Bluestem (p.17)

Vines Campsis radicans - Trumpet-creeper (p.20)

Lonicera sempervirens - Coral Honeysuckle (p.21) **Parthenocissus quinquefolia** - Virginia-creeper (p.21)

Shrubs Baccharis halimifolia - High-tide Bush, Groundsel (p.22)

Callicarpa americana - American Beauty-berry (p.22)

Ilex verticillata - Winterberry (p.24) Ilex vomitoria - Yaupon (p.24) Morella cerifera - Wax Myrtle (p.25)

Rhododendron atlanticum - Dwarf Azalea (p.25)

Rosa palustris - Swamp Rose (p.26)

Vaccinium pallidum - Early Lowbush Blueberry (p.27)

Trees Celtis occidentalis - Common Hackberry (p.28)

Chionanthus virginicus - Fringetree (p.29)

Diospyros virginiana - Common Persimmon (p.29)

Ilex opaca - American Holly (p.29)

Juniperus virginiana - Eastern Redcedar (p.30) Prunus serotina - Wild Black Cherry (p.31) Quercus falcata - Southern Red Oak (p.31) Sassafras albidum - Sassafras (p.31)

Salt Tolerant Species:



Forbs Kosteletzkya pentacarpos - Seashore Mallow (p.13)

Oenothera fruticosa - Narrow-leaf Sundrops (p.14) Solidago sempervirens - Seaside Goldenrod (p.15)

Grasses Ammophila breviligulata - American Beach Grass (p.16)

Panicum amarum - Switchgrass (p.17)

Shrubs Baccharis halimifolia - High-tide Bush, Groundsel (p.22)

Morella cerifera - Wax Myrtle (p. 25) *Iva frutescens* - Marsh-elder (p. 24)



